

Tiny Tasters



Week 1

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	Lunch	Dessert
Monday	Tex Mex veggie pasta (wheat, milk, mustard) (v)	Blackberry yoghurt (milk)
Tuesday	Thai massaman vegetable curry and steamed rice (vg)	Bananas and custard (oat) (vg)
Wednesday	Winter squash and kale pasta bows (wheat) (v)	Baked cinnamon apples (vg)
Thursday	Beef bourguignon with chateau potatoes (veg alt butterbeans)	Fruit salad (vg)
Friday	Moroccan chicken tagine with Sultana rice (veg alt chickpeas)	Crunchy baked plums with yoghurt (wheat, milk)

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